TABEL CU MENIUL PENTRU BOLNAVI: SAPTAMANA 24-08-30-08-2026

Aprobat: Manager dr.Stanca Edward

ZILELE SAPT.	REGIM	MIC DEJUN	GRAMAJ	DEJUN	GRAMAJ	CINA	GRAMAJ
LUNI 24-08-2026	COMUN	PAINE (1), CEAI, BRANZA TOPITA, SALAM VICTORIA, OU FIERT, PARIZER, ZACUSCA, BISCUITI.	60g/200ml/1buc 50g/1buc/50g 25g/1buc	CIORBA DE PUI(1,2,5) PIURE DE CARTOFI SI PULPA DE VITA CU SOS, SFECLA ROSIE , PAINE ORA 17: CHEC (1,2)	400ml 200g/80g 15g/100g 50g	MANCARE DE FASOLE VERDE CU CARNE DE PORC, PASTE FAINOASE CU BRANZA (1,4) PAINE (1)	200g/80g 200g 50g
	DIABET	PAINE GRAHAM(1), CEAI , BRANZA TOPITA, SALAM VICTORIA, OU FIERT, PARIZER, ZACUSCA, NAPOLITANE (FARA ZAHAR)	50g/200ml/1 buc 80g/1 buc/80g 25g/1buc	CIORBA DE PUI(1,2,5) PIURE DE CARTOFI SI PULPA DE VITA CU SOS, SFECLA ROSIE PAINE GRAHAM(1) ORA 17: LAPTE BATUT	400ml 150g/80g 15g 80g 375ml	MANCARE DE FASOLE VERDE CU CARNE DE PORC, PASTE CU BRANZA(1,4) PAINE GRAHAM (1)	200g/80g 200g 40g
	hS	PAINE (1), CEAI, BRANZA TOPITA, SALAM VICTORIA, OU FIERT, PARIZER, ZACUSCA, BISCUITI.	60g/200ml/1 buc 25g/1 buc/25g 25 g/1buc	CIORBA DE PUI(1,2,5) PIURE DE CARTOFI SI PULPA DE VITA CU SOS, SFECLA ROSIE , PAINE ORA 17:CHEC (1,2)	400ml 200g/80g 15g/100g 50g	MANCARE DE FASOLE VERDE CU PORC, PASTE FAINOASE CU BRANZA(1,4) PAINE (1)	200g/80g 200g 50g
MARTI 25-08-2026	COMUN	PAINE (1), CEAI , PATEU, MUSCHI TIGANESC, MASLINE, BRANZA TOPITA, CASCAVAL, CRENVURSTI	60g/200ml/25g 50g/ 20g/ 1buc/50g/1 buc	CIORBA TARANEASCA CU PORC, IAHNIE DE FASOLE CU CARNE DE PORC, CASTRAVETI LA OTET, PAINE , ORA 17:ECLER	400ml 200g/80g 10g/100g/100g	PULPA DE PORC CU PIURE DE CARTOFI, MELCISORI CU LAPTE PAINE (1)	80g/200g 200g 50g
	DIABET	PAINE GRAHAM (1), CEAI , PATEU, MUSCHI TIGANESC, MASLINE, BRANZA TOPITA, CASCAVAL, CRENVURSTI	50g/200ml/ 25g/80g/20g/ 1buc/80g 1 buc	CIORBA TARANEASCA CU PORC (1,2,5) IAHNIE DE FASOLE CU PORC, CASTRAVETI LA OTET PAINE GRAHAM(1) ORA17: IAURT, NAPOLITANA (FARA ZAHAR)	400ml 150g/80g/10g 80g 125ml/1buc	PULPA DE PORC CU PIURE DE CARTOFI MELCISORI CU LAPTE PAINE (1)	80g/150g/ 150g 40g
	hS	PAINE (1), CEAI , PATEU, MUSCHI TIGANESC, MASLINE, BRANZA TOPITA, CASCAVAL, CRENVURSTI	60g/200ml/25g/25g/20g 1buc/25g 1 buc-	CIORBA TARANEASC CU PORC (1,2,5) IAHNIE DE FASOLE CU PORC, CASTRAVETI LA OTET PAINE (1), ORA17: ECLER	400ml 200g/80g/10g 100g/100g/	PULPA DE PORC CU PIURE DE CARTOFI MELCISORI CU LAPTE PAINE (1)	80g/200g / 200g 50g
	COMUN	PAINE (1), CEAI, UNT, GEM, BRANZA TELEMEA ,MUSCHI FILE, SALAM VICTORIA, ROSII, BANANE	60g/200ml/ 20g/25g 50g/ 50g/15g 1buc	CIORBA DE PERISOARE (2,5) PASTE CU LEGUME SI PULPA PUI DEZOSAT PAINE(1), ORA 17: BRIOSE	400ml 200g/150g 100g/80g	VARZA CALITA CU CARNATI MAMALIGA CU OU, BRANZA SI SMANTANA (2,4) PAINE(1)	200g/60g 200g/1buc/50g/50g 50g

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MIERCURI **26-08-2026**	**DIABET**	PAINE GRAHAM(1), CEAI, UNT, GEM, BRANZA TELEMEA , SALAM VICTORIA, MUSCHI FILE , ROSII, BANANE	50g/200ml/ 20g/25g 80g/80g 80g/15g/1buc	CIORBA DE PERISOARE (2,5) PASTE LINTE, LEGUME SI PULPA PUI DEZOSAT PAINE GRAHAM (1) ORA17: LAPTE BATUT,NAPOLITANA (FARA ZAHAR)	400ml 150g/150g 80g 375ml 1buc	VARZA CALITA CU CARNATI MAMALIGA CU OU, BRANZA SI SMANTANA (2,4) PAINE GRAHAM(1)	200g/60g 150g/1buc/50g/50g 50g
	hS	PAINE (1), CEAI, UNT, GEM, BRANZA NESARATA, SALAM VICTORIA, MUSCHI FILE , ROSII, BANANE	60g/200ml/20g/25g 50g/25g 25g/15g/1buc	CIORBA DE PERISOARE(2,5) PASTE CU LEGUME SI PULPA PUI DEZOSAT PAINE(1), ORA17: BRIOSE	400ml 200g/150g 100g/80g	VARZA CALITA CU CARNATI, MAMALIGA CU OU, BRANZA SI SMANTANA (2,4) PAINE(1)	200g/60g 150g/1buc/50g/50g 50g
	POST	PAINE (1), CEAI, ZACUSCA, GEM, ROSII, BANANE	60g/200ml/40g 25g/15g/ 1buc	CIORBA DE LEGUME (5) PASTE CU LEGUME PAINE(1)	400ml 250g 100g	VARZA CALITA COMPOT DE PRUNE PAINE(1)	250g 200g 50g
ZILELE SAPT.	**REGIM**	**MiC DEJUN**	**GRAMAJ**	**PRANZ**	**GRAMAJ**	**CINA**	**GRAMAJ**
JOI **27-08-2026**	**COMUN**	PAINE (1), LAPTE, PATEU, OU FIERT, MUSCHI TIGANESC, SUNCA PRESATA , BRANZA , CRENVURSTI, CASTRAVETI,	60g/180ml /25g 1buc/50g/50g/50g 1buc//15g/	SUPA DE GALUSTI CU PUI (2,5) PILAF DE OREZ CU LEGUME SI PESTE PAINE (1), ORA 17: PRAJITURA CU FRUCTE	400ml 200g/150g 100g/80g	PIURE DE CARTOFI CU FICATEI CU SOS PASTE CU BRANZA(4) PAINE (1)	200g/75g 200g 50g
	DIABET	PAINE GRAHAM(1), CEAI, PATEU, OU FIERT, MUSCHI TIGANESC, SUNCA PRESATA , BRANZA, CRENVURSTI CASTRAVETI,	50g/180ml /25g 1buc/80g/80g/80g 1buc//15g/	SUPA DE GALUSTI CU PUI(2,5) PILAF DE OREZ CU LEGUME SI PESTE PAINE GRAHAM (1), IAURT ORA 17: NAPOLITANA FARA ZAHAR	400ml 150g/150g 80g/125ml 1buc	PIURE DE CARTOFI CU FICATEI CU SOS PASTE CU LINTE,BRANZA (4) PAINE GRAHAM (1)	200g/75g 150g 40g
	hS	PAINE (1), CEAI PATEU,OU FIERT, MUSCHI TIGANESC, CRENVURSTI, SUNCA PRESATA , BRANZA ,CASTRAVETI,	60g/180ml /25g 1buc/25g/ 1buc/25g 50g/15g	SUPA DE GALUSTI CU PUI(2,5) PILAF DE OREZ CU LEGUME SI PESTE PAINE (1), ORA 17: PRAJITURA CU FRUCTE	400ml 200g/150g 100g/80g	PIURE DE CARTOFI CU FICATEI CU SOS PASTE CU BRANZA (4) PAINE (1)	200g/75g 200g 50g
VINERI **28-08-2026**	**COMUN**	PAINE (1), CEAI, MARGARINA, GEM, MUSCHI FILE , PARIZER,BRANZA TELEMEA, ROSII,BANANE	60g/200ml/ 25g/20g/50g/50g 50g/15g/1buc	CIORBA DE VITA (5) ARDEI UMPLUT PAINE(1), ORA 17: BRIOSE	400ml 200g 100g 80g/	MANCARE DE CARTOFI CU PORC LAPTE BATUT (4) PAINE(1)	200g/80g 375ml 50g
	DIABET	PAINE GRAHAM (1), CEAI, MARGARINA, GEM, MUSCHI FILE, PARIZER ,BRANZA TELEMEA , ROSII,BANANE	60g/200ml/ 25g/20g/80g/80g 80g/15g/1buc	CIORBA DE VITA (5) ARDEI UMPLUT PAINE GRAHAM(1) ORA 17: NAPOLITANA (FARA ZAHAR) , BRANZA FAGARAS	400ml 200g 80g 1buc 185g	MANCARE DE CARTOFI CU PORC LAPTE BATUT (4) PAINE GRAHAM(1)	150g/80g 375ml 40g
	hS	PAINE (1), CEAI, MARGARINA, GEM, MUSCHI FILE, PARIZER ,BRANZA NESARATA, ROSII, BANANE	60g/200ml/ 25g/20g25g/25g 50g/15g/1buc	CIORBA DE VITA (5) ARDEI UMPLUT PAINE(1), ORA 17: BRIOSE	400ml 200g/ 100g 80g/	MANCARE DE CARTOFI CU PORC LAPTE BATUT (4) PAINE(1)	200g/80g 375ml 50g

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	POST	PAINE (1), CEAI, MARGARINA, GEM ROSII, BANANE	60g/200ml/20g 25g/15g/1buc	SUPA DE LEGUME ARDEI UMPLUT CU OREZ SI LEGUME, PAINE (1)	400ml 200g 100g	MANCARE DE CARTOFI COMPOT DE PRUNE PAINE(1)	250g 200ml 50g
SAMBATA **29-08-2026**	**COMUN**	PAINE (1), LAPTE , CASCAVAL, CRENVURSTI, OU FIERT, PATEU,SALAM VICTORIA, ROSII	60g/180ml/50g 1buc/1 buc/25g 50g/15g	SUPA DE GALUSTI CU PUI MANCARE DE MAZARE CU PORC PAINE (1), ORA17: CHEC	400ml 200g/80g 100g/50g	SPAGHETE CU CARNE TOCATA SALATA ORIENTALA PAINE(1)	200g/80g 200g 50g
	DIABET	PAINE GRAHAM(1), LAPTE , CASCAVAL, CRENVURSTI, OU FIERT, PATEU, SALAM VICTORIA, ROSII	50g/180ml/80g 1buc/1 buc/25g 80g/15g	SUPA DE GALUSTI CU PUI MANCARE DE MAZARE CU PORC PAINE GRAHAM(1), ORA 17: NAPOLITANE (FARA ZAHAR),	400ml 200g/80g 80g 1buc	SPAGHETE CU CARNE TOCATA SALATA ORIENTALA PAINE GRAHAM(1)	150g/80g 200g 40g
	hS	PAINE (1) ,LAPTE , CASCAVAL, CRENVURSTI, OU FIERT, PATEU, SALAM VICTORIA, ROSII	60g/180ml/25g 1buc/1 buc/25g 25g/15g	SUPA DE GALUSTI CU PUI MANCARE DE MAZARE CU PORC PAINE (1), ORA17: CHEC	400ml 200g/80g 100g/50g	SPAGHETE CU CARNE TOCATA SALATA ORIENTALA PAINE(1)	200g/80g 200g 50g
DUMINICA **30-08-2026**	**COMUN**	PAINE (1), CEAI, BRANZA TELEMEA, UNT, GEM, PARIZER, OU FIERT, MASLINE, SUNCA PRESATA	60g/200ml/50g 20g/25g/50g 1buc/20g/25g	CIORBA DE PERISOARE(2,5) CARTOFI NATUR SI PULPE DE PUI, CASTRAVETI LA OTET PAINE(1), ORA17: COZONAC	400ml 200g/150g/15g 100g/50g	PILAF DE OREZ CU FICATEI CU SOS, SANA (4) PAINE(1)	200g/ 75g 330ml 50g
	DIABET	PAINE GRAHAM (1), CEAI, BRANZA TELEMEA, UNT, GEM, PARIZER, OU FIERT, MASLINE, SUNCA PRESATA	60g/200ml/50g 20g/25g/80g 1buc/20g/ 25g	CIORBA DE PERISOARE (2,5) CARTOFI NATUR SI PULPE PUI, CASTRAVETI LA OTET,PAINE GRAHAM (1) ORA 17: BRANZA FAGARAS, NAPOLITANE (FARA ZAHAR)	400ml 150g/150g/15g 80g 185g 1 buc	PILAF DE OREZ CU FICATEI CU SOS SANA (4) PAINE(1)	150g/75g 330ml 40g
	hS	PAINE (1), CEAI, BRANZA TELEMEA, UNT, GEM, PARIZER, OU FIERT, MASLINE, SUNCA PRESATA	60g/200ml/50g 20g/25g/25g 1buc/20g/25g	CIORBA DE PERISOARE(2,5) CARTOFI NATUR SI PULPE DE PUI, CASTRAVETI LA OTET PAINE(1), ORA17: COZONAC	400ml 200g/150g/15g 100g/50g	PILAF DE OREZ CU FICATEI CU SOS, SANA (4) PAINE(1)	200g/75g 330ml 50g

NOTA : ACEST MENIU POATE SUFERI MODIFICARI.
GRAMAJUL REPREZINTA PRODUSUL FINIT ±10%.
ALERGENI (SUBSTANTE CARE PROVOACA ALERGII SAU INTOLERANTE ALIMENTATRE):

1.cereale care contin gluten (grau, secara, orz, ovaz) si produse derivate
2. oua si produse derivate
3. peste si produse derivate
4. lapte si produse derivate (inclusiv lactoza)
5. telina si produse derivate
6. produs congelat.

Intocmit:AS. SLUJITORU FILOFTEIA